Karachi Games 2023

Karachi Metropolitan Corporation

3rd – 12th March -2023



Body Building Championship-2023

Venue: KMC Stadium Kashmir Road Karachi

Saturday 04th March-2023 at 05:00 pm

Organized by:

Karachi Metropolitan Corporation

Event Coordinator:

Syed Waseem Haider Baqri
Director (Welfare) F&A, KMC

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Karachi Games-2023

Body Building Championship-2023

Organized by KMC

Junior Category

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Karachi Games 2023

List of Participants for Body Building Championship 2022-2023

Organized by Karachi Metropolitan Corporation

Junior Category-1
Age limit 23 years upto 60 kg

S.No.	Name	Gym Name	District
1	Ahmed Bilal Din	Bali Gym	East
2	Syed Abbas Ali	Nadeem Health	Malir
3	Mr. Moiz	S.M Gym	Korangi / Landhi
4	Abdullah Dibaji	-	Central
5	Mr. Tayyab	-	West
6	Hussain Khan	-	South

Junior Category-2
Age limit 23 years upto 65 kg

S.No.	Name	Gym Name	District
1	Hosh Muhammad Mari	Bali Gym	East
2	Muhammad Usman	Saeed Health Club	Malir
3	Faizna Raza	Sohail Health Club	Korangi / Landhi
4	Atta	-	Central
5	Humayun	-	West
6	Samir Ali	-	South

Junior Category-3
Age limit 23 years upto +65 kg

S.No.	Name	Gym Name	District
1	Muhammad Affan Iqbal	Fitness	East
2	Hussain Mustafa	Saeed Health Club	Malir
3	Muddasir Hassan	Smart Fitness	Korangi / Landhi
4	Syed Saad Ali	-	Central
5	Hanif Hamed	-	West
6	Kabir	-	South

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Senior Category

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Senior Category-1
Age limit above 23 years upto 60 kg

S.No.	Name	Gym Name	District
1	Giran Muhammad	Body Matters	East
2	Ismail Badesh	Iron Gym	Malir
3	Kamran Khan	Sohail Gym	Korangi / Landhi
4	Najeebullah	-	Central
5	Noman Mashedi	-	West
6	Tanveer Qureshi	-	South

Senior Category-2
Age limit above 23 years upto 65 kg

S.No.	Name	Gym Name	District
1	Abdul Rahim	Faisal Gym	East
2	Muhammad Faizan	Saeed Health Club	Malir
3	Waqar Ahmed	Rehmat Health Club	Korangi / Landhi
4	Saleem	-	Central
5	Kamran	-	West
6	Shah Faisal	-	South

Senior Category-3
Age limit above 23 years upto 70 kg

S.No.	Name	Gym Name	District
1	Jeahnzaib	Dynamic	East
2	Amirullah	ABW Gym	Malir
3	Muhammad Waleed	SM Gym	Korangi / Landhi
4	Abdul Karim	-	Central
5	Nasir Butt	-	West
6	Amin	-	South

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Senior Category-4
Age limit above 23 years upto 75 kg

S.No.	Name	Gym Name	District
1	Imran Khursheed	Fitness Imporium	East
2	Bilal Ghori	Saeed Health Club	Malir
3	Abdul Basit	SM Gym	Korangi / Landhi
4	Bahauddin	-	Central
5	Feroz	-	West
6	Hamza	-	South
7	Ashiq Khan Zada	-	South

Senior Category-5
Age limit above 23 years upto 80 kg

S.No.	Name	Gym Name	District
1	Zameer	Fitnees World	East
2	Shafi Khan	Saeed Health Club	Malir
3	Muhammad Anwer	SM Gym	Korangi / Landhi
4	Wahaj Raees	-	Central
5	Bilal	-	West

Senior Category- 6
Age limit above 23 years upto +80 kg

S.No.	Name	Gym Name	District
1	Muhammad Asim	Emer Gym	East
2	Akbar Baloch	Iron Gym	Malir
3	Shahab Faisal	SM Gym	Korangi / Landhi
4	Arsalan Malik	-	Central
5	Shah Nawaz	-	West
6	Sameer Qureshi	-	South

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LIST OF SPECIAL GUESTS

- Chief Guest
  Chinese Consulate General

- Haji Muhammad Hanif Tayyab (Tamgah-e-Imtiaz).
  Chairman Al-Mustafa Welfare Trust

- Hon. Gopal Dass KHATRI
  In charge Zonal Intelligence Branch East Zone Karachi

- Hon. Ahmed Ali Rajput
  Secretary
  Sindh Olympic Association

- DSR Mr. Ejaz Malik
  Sindh Rangers

- Mr. Yahyah Hussaini
  Sr. Sports Anchor Geo Super

- Mr. M. Iqbal Rajput
  Chief Patron
  Karachi Bodybuilding Association
  Master Physique Champion

- Mr. Tariq Zafar
  Secretary General
  Pakistan Bodybuilding Federation and President Sindh Bodybuilding Association

- Mr. Asian gold medalist & Mr.Pakistan
  Fida Hussain Baloch

- Mr. Shaikh Shakeel Ilyas
  Patron
  Karachi Bodybuilding Association

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  Patron
  Karachi Bodybuilding Association

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- Abdul Bari Khan
  Mr. Pakistan

- Mr. Kamran Baloch
  Mr. Pakistan

- Gul Nawaz Khan
  JR. MR. PAKISTAN

- Mr. Muhammad Iqbal
  Associate Secretary PBBF, Secretary General
  Sindh Bodybuilding Association

- Mr. Aamir Ullah Khan
  Senior Vice President PBBF and Secretary General
  Karachi Bodybuilding Association

- Hafiz Abdul Hadi Bullo
  Secretary Sports & Youth Affairs, Sindh

- Hon. Khursheed Hassan Khan
  Patron Sindh Bodybuilding Association

- Mr. Rais Ahmed Khan
  Chairman Karachi Bodybuilding Association

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LIST OF JUDGING COMMITTEE

1.	Chief Judge: Muhammad Iqbal (Bali),	IFBB License Judge
2.	Mr. Aamir ullah Khan	IFBB License Judge
3.	Mr. Rais Ahmed Khan	Former Mr. Sindh
4.	Mr. Kamran Baloch	Mr. Pakistan 2021
5.	Mr. Ramzan Khan	QBFF, President

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DEMAND FOR DECORATION & ORGANIZING EVENT

S.No.	Particular	Quantity
1.	Stage 30″ X 20″ having Height 3 or 3.5 feet alongwith proper carpet and top over.	01
2.	Back Drop with KMC logo as well as Karachi Games same size	01
3.	Side Standees	04
4.	Podium / Dice	01
5.	03 Steps Stair for Stage	03
6.	Water Dispenser	04
7.	Water Glasses	05 Dozen
8.	Sofa set with tables for Guest & VIPs	02 set
9.	Eco Sound System with mic	01+01
10.	Chairs for guests	50 Nos.
11.	Complete Decoration i.e. Marquee, Tent, Qanat, Qaleen,/Carpet, Table & Chair Covers etc	As per requirements
12.	Stage Lights & Focus Light	As per requirements
13.	Ground Lighting	As per requirements

FOOD / MESS ITEMS REQUIREMENTS

S.No.	Particular	Quantity
14.	Lunch / Dinner Boxes	100 Nos.
15.	Fresh Juice / Juices	06 Dozen
16.	Water Bottles (Aquafina/Nestle) 300 ml/500 ml	06 Dozen
17.	Sweets	As per availability

MISCELLANEOUS REQUIREMENTS

S.No.	Particular	Quantity
18.	Security Warden	12 personnel
19.	Police Mobile	02 Nos.
20.	Sweepers	03 Nos.

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